

## Health Navigation for Reintegration of Stroke Patients in Rural Communities

Researchers at the University of Kentucky College Of Health Sciences, Kentucky Appalachian Rural Rehabilitation Network, Cardinal Hill Rehabilitation and Appalachian Regional Healthcare, Inc. are conducting a research study to learn about the use of a community health navigator (CHN) to help people who have had a stroke and their caregivers successfully transition back into their community. The information collected from this study will help us learn if using a CHN will effectively help people find the resources in their community, link them with their healthcare provider and access educational materials about living with a stroke so they will improve their quality of life and decrease the number of times they have to seek medical help.

### You may be able to participate if you:

- are a person who has had a stroke
- are a caregiver for a person who has had a stroke
- are at least 18 years of age
- are able to participate in four interviews over the next year that will last no longer than 120 minutes each time
- live in a Southeast rural Kentucky county

Contact Principal Investigator: Patrick H. Kitzman, PhD

Email: [phkitz1@uky.edu](mailto:phkitz1@uky.edu)

Phone: 859-218-0580.

*An Equal Opportunity University*

