

**stepworks**  
recovery centers

**Residential Treatment for  
Substance Abuse**

KORH Critical Access Hospital Substance Abuse Summit  
March 8, 2018

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*Stepworks*

- Founded in 2004
- Privately owned
- Board Certified Addiction Medicine Physicians
- 5 Residential Treatment Facilities throughout Kentucky
- Continuum of substance abuse treatment services

[www.stepworks.com](http://www.stepworks.com)

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**Deron Bibb, MBA**

- Principal and CFO / Operations for *Stepworks*
- 25 years in Healthcare Administration
- Principal of company providing management services to Physicians and Hospitals
- Member of HFMA, MGMA
- Advisory Board for Regional Bank
- Faculty for UofL Family Medicine Residency

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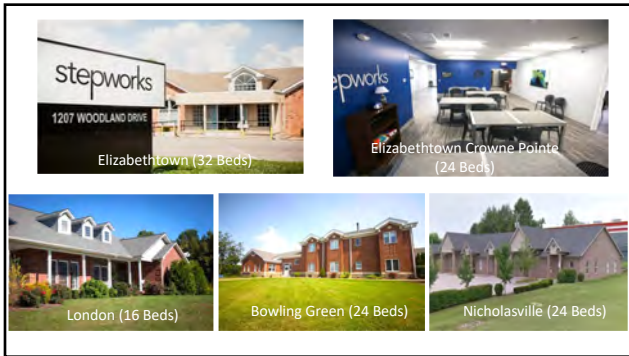
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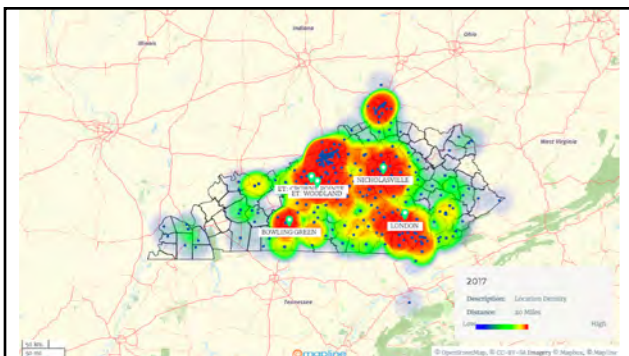
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**Complete Services Continuum**

- Detoxification
- Residential Treatment
- Intensive Outpatient
- MAT
- 'Addiction Medical Home'
- Substance Abuse evaluations
- Telehealth Substance Abuse evaluations for Hospital ERs

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Residential Treatment

- Commonly referred to a '30-day' program
- Provide MAT if necessary
- Co-ed
- PICC line client service
- Intensive Outpatient
- Discharge planning

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Admission Criteria

**Overarching Principles**

1. 'Can the client participate and complete treatment?'
2. 'Can we meet the medical and or psychiatric needs of the client?'
3. 'Is the client medically stable to safely transport to our facility?'

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### Admission Criteria

#### For Residential Substance Abuse Treatment

- Moderate to Severe SUD as defined by DSM 5
- A reasonable expectation that the client will benefit from treatment
- A reasonable expectation that the client can participate in 6 hours of group therapy per day
- Able to complete activities of daily living

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### Exclusion Criteria

#### For Residential Substance Abuse Treatment

- Failure to meet admission criteria
- Disorientation to person and place
- At risk for immediate harm to self or others
- A history of uncontrolled violent or threatening behaviors
- Inability to tolerate group activities
- Requires hemodialysis, PT, OT or Speech Therapy
- Requires isolation due to active infection (eg, MRSA, Tuberculosis)
- Pregnancy > 32 weeks (preg <32 weeks requires prior OB approval)

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### Relative Exclusion Criteria

#### Presence of any of the following will require approval of a SW Medical Director prior to acceptance)

- Inability to speak English
- Admission to a different residential treatment center w/l past 30 days
- Uncontrolled psychotic disorder
- Inability to complete 30 days of continuous treatment (eg previously scheduled incarceration, surgery, vacation...)
- The presence of surgical drains
- The requirement for full-thickness wound care
- Home oxygen therapy w/o the ability to provide equipment
- Current methadone treatment greater than 30mg per day
- Severe combined CHF and Renal Failure
- Frequent f/u appointments required during the 30 days of rehab treatment

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## Medical Transfer Exclusion Criteria

### For Acute Withdrawal Management

- Failure to meet admission criteria
- Unresponsive
- Combative and/or disoriented to self or place
- The inability to walk and talk w/o assistance
- The inability to eat and drink w/o assistance
- For BAL >300, must demonstrate that the level is stable or declining prior to transfer
- A closed head injury w/ 48 hours that included loss of consciousness (requires negative brain CT/MRI prior to transfer)
- Seizure activity w/ 12 hours
- The administration of Naloxon w/ 1 hour of proposed transfer
- A history of past alcohol withdrawal seizures combined w/ BAL <50 mg/dl (0.05)
- Hgb <10.0, glucose <400, Creatinine > 2.0, AST or ALT >250, Bilirubin > 2.0
- Hemoptysis, Hematemesis, Bright red blood per rectum
- Evidence of unstable angina or complaints of current chest pain
- Evidence of acute pancreatitis
- Evidence of diabetic ketoacidosis

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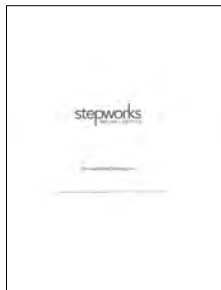
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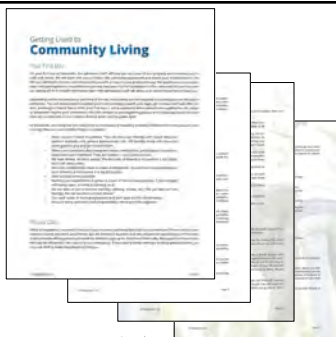
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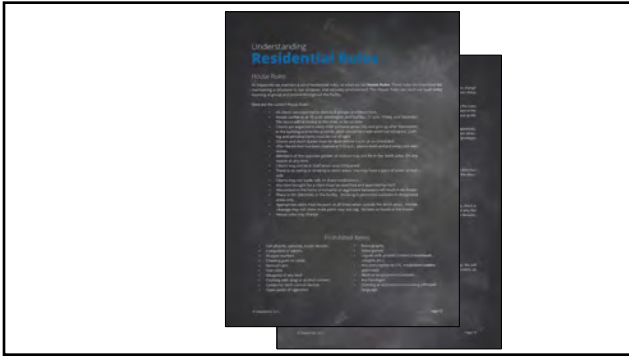
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### Referral Process

- Introduce the patient to us as a treatment option
- Visit our website [www.stepworks.com](http://www.stepworks.com)
- Call 800-545-9031
- Intake/Screening/Assessment (via telephone)

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### Participation Agreements

- All Kentucky Medicaid MCOs
  - Aetna Better Health is awaiting effective date
- Anthem Behavioral Health
- CIGNA Behavioral Health
- Humana Behavioral Health
- Optum (awaiting effective date)
- Beacon (awaiting effective date)
- Aetna Behavioral Health (in process)

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