

TWIN LAKES REGIONAL MEDICAL CENTER

**MEDICAL STABILIZATION PROGRAM**

**The road to recovery starts here.**

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**What is Medical Stabilization?**

- Medical Stabilization services provide medical care to treat the withdrawal symptoms of alcohol/substance abuse.

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**ULTRA  GROUP**

- **UltraGroup Healthcare** provides a proven, turn-key solution for your hospital to respond to the community's addiction crisis. We manage staffing, training, protocol, strategy, resources and implementation to get your program up and running quickly and smoothly. Backed by our team of experts, UltraGroup brings it's combined experience in healthcare administration and management, treatment center expertise, healthcare finance and more to serve your hospital and your community. For more information about how UltraGroup can partner with your hospital, **contact us today.**  
info@UltraGroupHealthcare.com  
(423) 648-9880

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## Overview

- Our caring and professional medical staff are committed to supporting individuals in the recovery process with the utmost respect and dignity. Patients will receive non-addictive medications to lessen withdrawal symptoms under 24-hour supervision of trained professionals.
- The stabilization process typically lasts between 3-5 days depending on the severity of the addiction. During this time, the body rids itself of toxins while the symptoms are managed, greatly reducing the severity of symptoms and cravings. Combined with effective rehabilitation, success rates greatly increase and relapse is significantly reduced with medical substance withdrawal management.

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## Qualifications for Admission

- Individuals must commit to medical stabilization willingly.
- Individuals must be experiencing physical withdrawal symptoms.
- Individuals cannot exhibit another primary mental health diagnosis.
- Individuals must meet scoring criteria based on appropriate assessment.
- Individuals must be 18 or older.
- Most insurances accepted.

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## What's in it for the hospital?

“Twin Lakes Regional Medical Center exists to heal the sick, relieve pain and suffering, and improve the quality of life for the people we serve.”

- By providing medical stabilization services we are pursuing our mission. This service allows us to better serve our patient needs. As the number of individuals suffering from alcohol/substance abuse continues to rise, Twin Lakes is now better equipped to meet the needs of our community.
- This service allows us to treat the patients we were already seeing in our ER and med-surg unit more appropriately.

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## What's Next?

- Discharge planning begins as soon as a patient is admitted for medical stabilization.
- Patient specific discharge planning for individuals in the working community, history of abuse, single parents, etc.
- Patients are given a list of continuation rehabilitation services upon discharge such as AA/NA support groups and outpatient therapy resources.

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## Questions?

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